

2012 Restaurant and Resource List

Caution: Remember you still need to let your server know you need gluten free food

Brockville

Buell St Bistro (need 4 hours notice for pasta dishes)
27 Buell St., 613-345-2623

Boston Pizza (many gluten free options including pizza)
2000 Parkdale Ave., 613-498-2901

Kelsey's (has a allergen food guide to help you order)
2465 Parkdale Ave., 613-342-3400

Pizza Pizza (medium only available gluten free)
45 King St., 613-345-1111

Swiss Chalet (dipping sauce is gluten free, but BBQ not)
358 Stewart Blvd., 613-498-1522

Asian Wok
2399 Parkdale Ave., 613-498-2159
(server will show you which dishes are gluten free)

Tandoori Mint Indian Cuisine King St.
50 King St. E, 613-865-7518
(many choices gluten free)

The Mill, Water Street ,
123 Water St., 613-345-7098
(is aware of gluten free – let server guide you)

Joanne Wessel G/F Baking ...call 613-341-7308

Tim Horton.....chili gluten free
3456-138 hwy, Avonmore, 613-346-2833

The Brockberry Restaurant,
64 King Street, 613-498-2692
(best to call ahead as they do not have a gluten free
menue but do have items that are gluten free

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New Horizons Health Food Store,
163 Ormond St , 613-342-6205

Bulk Barn,
2462 Parkdale Ave., 613-345-6913

Superstore, Organic Isle
1972 Parkdale Ave., 613-498-0904

Metro , Irresistible line
237 King St. W., 613-345-4260

Hall's Apple Orchard Store,
2930 Concession Rd. 2, 613-342-6320

Sommerville FoodsPurest Products
3026 Parkdale Ave, 613-345-1110

Cutting Edge Meat Shop,
241 Park St., 613- 342-6082
Will do unbreaded specialty items as ordered

Wendy's Mobile Market,
Lydhurst , 613-928-2477
wmobilemarket@ripnet.com
Delivery to Brockville once a week

The Butcher Shop, Zellers Mall
Hot g/f sausage – ask for other g/f special meats
125 Stewart Blvd., 613-342-0664

My Gluten Free Bakery, orders taken and delivered to The
Butcher Shop
*Address and phone number to be added later

Purest Products,
99 Dufferin St., Unit C, Suite # 2, Perth Ont ,
613-267-6449

